



cleansing stream

NOTEBOOK

retreat



CLEANSING STREAM

WWW.CLEANSINGSTREAM.ORG

Mission Statement

Cleansing Stream connects people to the Father's love, releasing them into their purpose and destiny. This mission is achieved by transforming our culture of brokenness through teaching people, and equipping them with tools for ongoing healing, freedom, and wholeness.

Cleansing Stream International is committed to and under the covering of The Cleansing Stream Board, with Dr. Jack Hayford, Founding Pastor.

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*And the things that you have heard from me among many witnesses,
commit these to faithful men who will be able to teach others also.
2 Timothy 2:2*

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PASTOR MARYANN YOUNG
PRESIDENT OF CLEANSING STREAM INTERNATIONAL

➤ WELCOME TO THE RETREAT

We're glad you're here! We believe you are about to have an encounter with our loving Heavenly Father. He has been working behind the scenes your entire life and has been waiting patiently for this moment for you.. The Lord has been faithful to visit His people and our retreats with His healing, truth and freedom. This retreat will change the direction of your generational line towards righteousness, peace and joy.

Our prayer is that you receive all the good gifts that Father God desires to give you during this time here. We trust that this retreat notebook will be another tool alongside your Cleansing Stream workbook to further equip and train you in your discipleship journey.

May you have the power to understand, as all God's people should, how wide, how long, how high, and how deep His love is for you today and always. For His Glory alone,

Pastor MaryAnn Young
President, Cleansing Stream International

ENTERING IN

As you enter in, we believe that God will walk you through these steps: Revelation, Repentance, Renouncing/Breaking, and Restoration in a number of areas. He is ready to restore the broken places of your relationship with Him and the places where His rulership has been relinquished in the battle with flesh and our enemy. It is our choice whether we let the enemy have an influence in our lives and bring death, or we choose to come to right our relationship with God, allowing His rulership in our lives to bring life to us.

Ephesians 4:27 tells us not to give place to the devil. Through unrepented and ongoing sin, these areas can be places of the enemy's influence in our soul. We will address these places first by restoring our relationship with God, because sin has separated us, and then by restoring the rightful rulership of God, because our bondage has given the enemy a place.

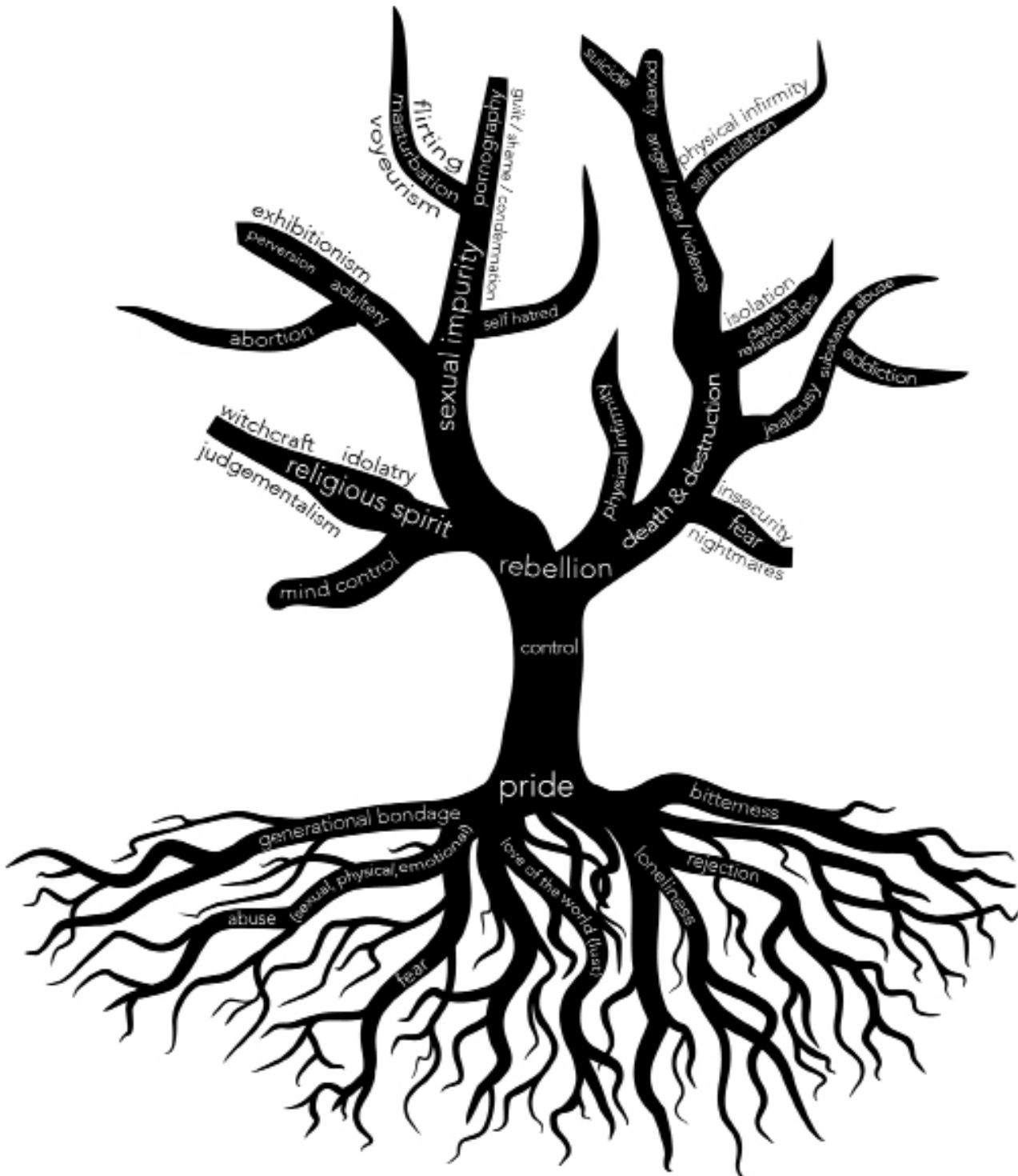
The next several pages illustrate how death and life can spring up. The following trees illustrate the roots, what will grow, and how different areas relate to each other. Our prayer is that you will partner with God during the event to identify and remove the influences that produce death and join with Him to "choose life" (Deuteronomy 30:19-20).

PRAYER OF COMMITMENT

Heavenly Father, I believe and trust in Your Word. I am Your child. I choose now to listen to Your voice. I ask You to show me clearly any lies I believe—anything that doesn't line up with Your Word or Your character. I thank You also for speaking truth into my heart by Your Spirit and through Your Word. Thank You for loving and caring about me. Thank You for Your power to free me from all strongholds. Change my heart, Lord. I will give You all the praise and honor. In Jesus' name, amen.

DEATH PRODUCING

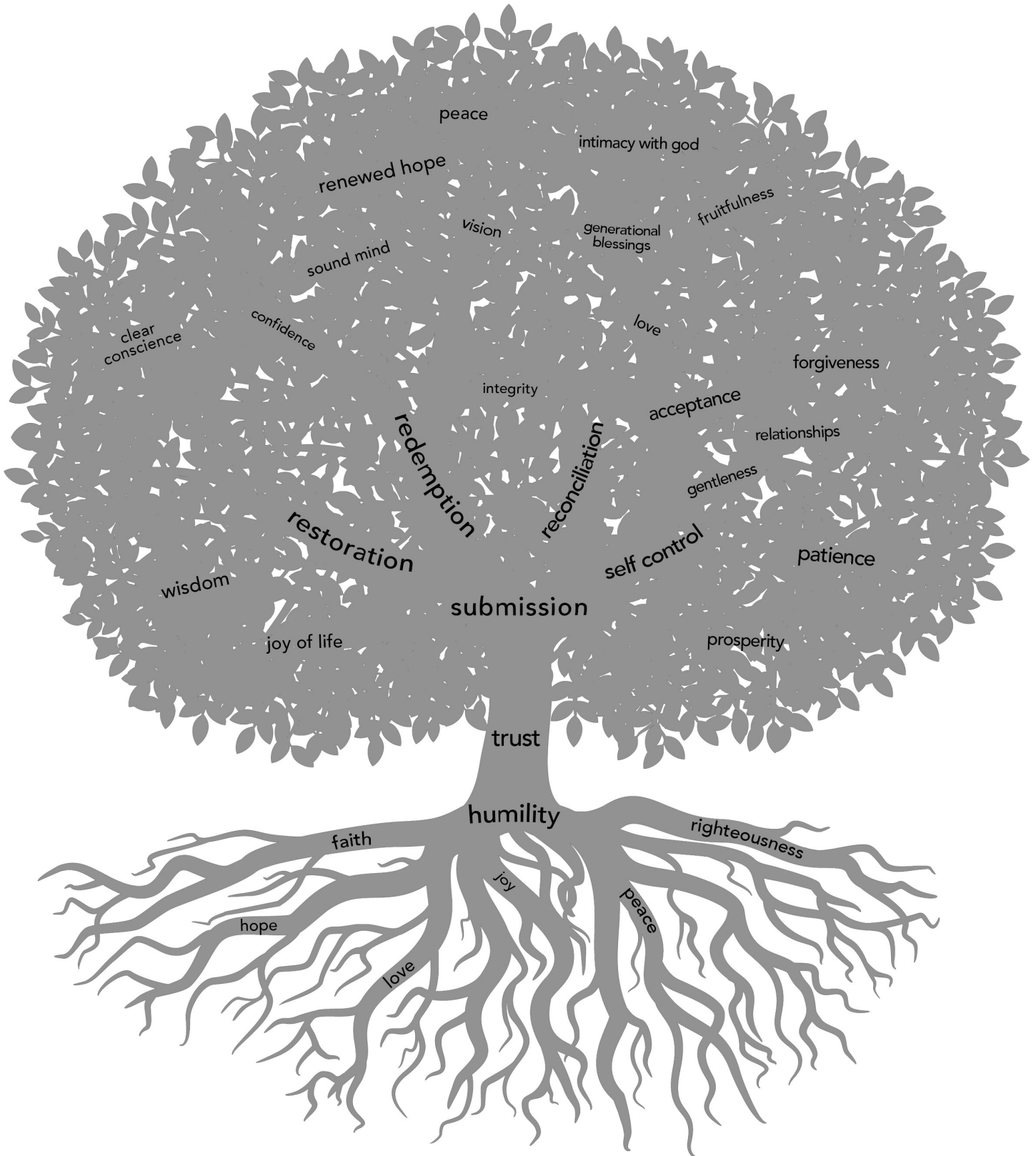
The thief's purpose is to steal and kill and destroy. John 10:10 (NLT)



When you follow the desires of your sinful nature... Galatians 5:19-21 (NLT)

LIFE PRODUCING

My purpose is to give life in all its fullness. John 10:10b (TLB)



But when the Holy Spirit controls our lives... Galatians 5:22-23 (TLB)

BECOMING WHOLE

HEALING TRAUMA



“The thief comes only to steal and kill and destroy; I have come so they may have life, and have it to the full.”

John 10:10

DEFINITION:

Trauma is the result of hurtful and wounding tragic events that we experience. It may or may not involve physical injury; but almost always has an impact or effect mentally, emotionally, and spiritually. These events can cause profound feelings of fear, confusion, loss, hopelessness, despair and anger.

UNGODLY BELIEFS

LIES I'VE BELIEVED

GODLY BELIEFS/TRUTH

WHAT THE LORD (SAYS):

1 PRAYER

BECOMING WHOLE

Father God, I recognize and take responsibility for all the times that I have allowed myself to believe all the lies the enemy fed me. I confess as sin falling into denial and deception causing me to harbor any unforgiveness, bitterness, or hatred towards anyone due to trauma or abuse.

I repent for the times that I have rejected You and others. I also repent for not allowing myself to be loved by You and others. I repent of giving into fear, hopelessness, despair, emotional deadness, anger, prolonged grief, sorrow, condemnation and wanting my life to end. In the name of Jesus, I renounce the spirits of fear, hopelessness, despair, indifference, emotional suppression, self-hatred, self-accusation, a victim spirit, death, and all spirits of sickness and infirmity. I shut the door on all of you and cut off all access through traumatic events that have allowed you entry into my spirit soul and body.

Everything I have said or done that has given you any place in my life, I renounce and cancel. In the name of Jesus I declare, no longer will you be able to torment me.

And now, I take authority over every spirit assigned against me, known and unknown, because of the trauma I have experienced. I now break all generational spirits of trauma in my family line all the way back to Adam and Eve. Fear, anxiety and stress, I break your hold on me!

I also break all connected spirits of hopelessness, despair, depression, emotional suppression, condemnation disguising itself as offense, roots of bitterness, self-hatred and self-accusation, infirmity, condemnation, death and all other related spirits. I command you to leave me now. Go, get out of my life in the name of Jesus.

Father God, I receive Your love, care and comfort. Heal me and make me whole so that I can serve and love You with all my heart, mind and strength. Renew my faith and hope to take risks, be bold and walk in Your grace. Lord restore to me the years that the locust and cankerworm have eaten. Give me beauty for ashes, praise replacing heaviness and a double portion of joy in Jesus Name. Amen!

NOTES

SCRIPTURES

The LORD is good, a refuge in times of trouble. He cares for those who trust in him."

Nahum 1:7

The LORD hears his people when they call to him for help. He rescues them from all their troubles. The LORD is close to the brokenhearted; he rescues those whose spirits are crushed."

Psalms 34:17-18

BLESSING BLOCKER



"We love because he first loved us. If anyone says, 'I love God', yet hates his brother, he is a liar. For anyone who does not love his brother, whom he has seen, cannot love God, whom he has not seen. And he has given us this command: Whoever loves God must also love his brother."

1 JOHN 4:18-21

OFFENSE:

- Disrupts our commitment to walk in love
- Causes us to run the risk of blocking our destiny
- locks the hand of God in our lives

UNGODLY BELIEFS

LIES I'VE BELIEVED

GODLY BELIEFS/TRUTH

WHAT THE LORD (SAYS):

2 PRAYER

BLESSING BLOCKER

Heavenly Father, my desire is to see my brothers and sisters through Your eyes. I don't want to miss the blessings You have designed for me because I've harbored offense of any kind. Therefore, I repent of partnering with any disruption that has caused me to walk away from Your loving example, whether that be from direct or indirect involvement with offense, willfully holding onto judgment, having hidden motives, or not giving the Holy Spirit the opportunity to bring conviction.

I repent for holding anger, resentment, and bitterness in my heart toward those who have hurt me. I repent for all word curses I have spoken against those who have wronged me. Father, I repent for my disobedience toward You because of my unwillingness to forgive. I also repent for all unforgiveness, resentment, and bitterness in the generations of my family.

I confess my personal wrongdoings that have involved loveless actions or caused division. I renounce all places of unforgiveness to You, others, or myself and break the hold and blockages in my life. I renounce all anger, resentment, and bitterness. I renounce my judgment of others and all desire for revenge. I renounce the curses I have spoken.

And now by the blood of the Lamb, I break the hold of these influences in my life. I break all the generational ties and all connections to unforgiveness, anger, resentment and bitterness. I cancel and break all word curses I have spoken in judgment against those who have hurt me. I break all vows and covenants with anger and unforgiveness.

Please help me to forgive those who have offended me and give me the humility and courage to ask forgiveness of those whom I have offended. I ask for Your help and guidance in changing my character to become more like the person You designed me to be. I ask all these things in the Mighty Name of Jesus. Amen.

NOTES

SCRIPTURES

"A brother offended is harder to win than a strong city, And contentions are like the bars of a castle."

Proverbs 18:19

"...It is impossible that no offenses should come..."

Luke 17:1

"Now if your brother sins against you, go tell him their fault between you and them alone. If he listens to you, you have gained your brother. But if he does not listen then take with you one or two others, that by the testimony of two or three witnesses every word may be established. If he-

refuses to listen to them, tell it to the church.

Matthew 18:15-17

CHOOSE

LIFE



DEFINITION:

The assignment of the spirit of death is to destroy our lives through inner vows, trauma, or untimely death. The enemy does this by attacking our hopes and dreams, our relationships, and our destinies as children of God, and brothers and sisters in Christ.

UNGODLY BELIEFS

LIES I'VE BELIEVED

GODLY BELIEFS/TRUTH

WHAT THE LORD (SAYS):

NOTES

3 PRAYER

CHOOSE LIFE

Heavenly father, I repent to You this day for any inner vow I have made or willful sin that opened the door to a spirit of death. I acknowledge that this vow is a lie and does not line up with Your Word or Your character. I repent of all words and actions from me that have reinforced the effects of this vow. I repent of all thoughts of suicide and self-destructive behavior.

In the name of Jesus, I now break the power of the spirit of death and suicide over my life. I break all inner vows, and all generational influences that have given you any power or authority in my life. Spirit of death and suicide, your affect and rule over my life is canceled. I command you to leave me now in the powerful name of Jesus.

In Jesus' name, I renounce every vow and every action, on my part or by any of my former generations, that have opened the door to a spirit of death or the spirit of suicide. Spirit of death, I declare that you can no longer use these lies against me. I shut the door on you. I choose life, and I renounce all attempts at or thoughts of suicide. I renounce all lies I have believed about myself and choose to accept the truth of God's Word that declares that I am a beautiful and wonderful creation

NOTES

SCRIPTURES

"I call heaven and earth as witnesses today against you, that I have set before you life and death, blessing and cursing; therefore choose life, that both you and your descendants may live; that you may love the Lord your God, that you may obey His voice, and that you may cling to Him, for He is your life and the length of your days; and that you may dwell in the land which the Lord swore to your fathers, to Abraham, Isaac, and Jacob, to give them."

Deuteronomy 30:19-20

THE END OF REJECTION



"You whom I have taken from the ends of the earth, and called from its farthest regions, and said to you, 'you are my servant, I have chosen you and have not cast you away.'"

Isaiah 41:9

"I will not leave you as orphans; I will come to you."

John 14:18

DEFINITION:

Rejection is the most painful wound we can experience. The definition of rejection is:
The absence of love.

UNGODLY BELIEFS

LIES I'VE BELIEVED

GODLY BELIEFS/TRUTH

WHAT THE LORD (SAYS):

NOTES

SCRIPTURES

The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.

John 10:10

Then the eyes of both of them were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves coverings.

Genesis 3:7

And they heard the sound of the lord god walking in the garden in the cool of the day, and Adam and his wife hid themselves from the presence of the lord god among the trees of the garden.

Genesis 3:8

Then the man said, "The woman whom you gave to be with me, she gave me of the tree, and I ate." And the Lord God said to the woman, "What is this you have done?" The woman said, "the serpent deceived me, and I ate."

Genesis 3:12-13

For in Christ Jesus neither circumcision nor uncircumcision avails anything, but faith working through love.

Galatians 5:6

4 PRAYER

THE END OF REJECTION

(1ST WALL – REJECTION OF GOD)

Father God, I'm sorry for all the times and all the ways I have rejected You. Please forgive me. I repent for not believing You, for not listening to You, and for refusing Your love. I repent for not trusting You and for doubting Your love for me. I repent for all the stubbornness, pride, self-will, and rebellion that I have walked in. In the name of Jesus, I renounce all rejection of God. I renounce all involvement with any spirit that would lead me to reject God. I renounce and break all vows and covenants, all soul ties and generational ties that would bind me to the rejection of God. I choose to love God with all my heart, with all my soul, and with all my mind. I renounce every spirit that has to do with the rejection of God. And now, as a choice of my will, I break down this wall now – in the mighty name of Jesus. (CLAP AND SHOUT!)

(2ND WALL – SELF REJECTION)

Heavenly Father, I repent for rejecting myself. I repent for all the negative things I have thought and said about myself. I repent of not accepting myself and for trying to be someone I was never meant to be. I repent for not believing I have worth and value just as I am. I turn away from rejecting myself, and I renounce all the lies I have believed about myself. I renounce and break every curse I have thought or spoken about myself. I choose to accept myself. I break all ties with self-rejection, and every spirit that would lead me to reject myself. I rise up now against this wall of self-rejection, and I break it down in Jesus' name. (CLAP AND SHOUT!)

(3RD WALL – FEAR OF REJECTION)

Holy God, I repent for giving in to the fear of rejection. I repent of all lying and deception, suspicion and mistrust, and control or

manipulation that either I, or my family, have given place to. I repent of trying to please people instead of You, Lord, and I repent of my self-protective behavior and all self-pity. And now, I renounce the fear of rejection and all the destructive behavior it has led me into. I renounce and break all soul ties and generational ties to the fear of rejection, and I break its hold in my life. I refuse to be bound to this fear any longer, and I break down this wall of the fear of rejection – I break it down now, in Jesus' mighty name. (CLAP AND SHOUT!)

(4TH WALL – REJECTION OF OTHERS)

Heavenly Father, I repent of rejecting others. I ask You to forgive me for all the hurt and pain I have caused them. I repent of my unforgiveness and resentment toward those who have hurt me. I repent of judging, blaming, and criticizing them and for wanting to hurt them or tear them down. Spirit of rejection of others, I renounce you. I renounce all the ways I have allowed you to influence me to reject others. I renounce all anger, unforgiveness, resentment, and bitterness toward others. I renounce all soul ties and generational ties to the rejection of others. I choose to be a forgiving person, and I release forgiveness toward everyone who has hurt me. Spirit of rejection, I rise up against you, and I break down this wall of the rejection of others – I break it down now in Jesus' name. (CLAP AND SHOUT!)

Spirit of rejection, the blood of Jesus surrounds and engulfs you. You have no right; you have no authority to stay with me. I turn your sword against you. Rejection, I reject you! You are on a slippery mountain and have nothing to hang on to. I break all agreements with you. I reject your lies. The ground you have taken, I now take back. I reaffirm my trust in God and His Word, and I renounce every work of darkness associated with you. I reaffirm that I am His child and He is my Father. I sever all ties with you. I shut the door on you. You are exposed. In the name of Jesus, I cast you out of my life. Be gone! Let go! Now leave me in the name of Jesus!

TIES THAT

BIND



“Come now, and let us reason together,” says the Lord, “Though your sins are like scarlet, they shall be as white as snow; though they are red like crimson, they shall be as wool.”

Isaiah 1:18

DEFINITION:

A Soul Tie is an attachment of our soul to a person or object involving both thoughts and feelings (mind and emotions) and the choices of our will.

UNGODLY BELIEFS

LIES I'VE BELIEVED

GODLY BELIEFS/TRUTH

WHAT THE LORD (SAYS):

NOTES

5 PRAYER

TIES THAT BIND

Father God, I specifically repent and renounce all immoral sexual activity in which I have participated. I renounce all spirits of sexual impurity behind these acts. Lord, I ask You to forgive me and cleanse me of all bondage in my life because of these sins. I renounce every lie of the enemy telling me that I am dirty or that I am unacceptable because of my past sexual activities.

I also choose to bring all memories of past sexual involvement under the covering of the blood of Jesus.

Lord, I also repent of making someone else's approval and acceptance of me more important than Yours. I repent of any way I have desired someone's love more than Yours. I repent of any way I have made them an idol in my life. I confess the sins of idolatry in my former generations, and I repent of all idolatry in my own life.

I repent of abdicating my will to another person. I renounce all unholy emotional soul ties. I renounce all the lies that have made me look to others for my comfort, my sense of worth, or value. I renounce and separate myself from everything of idolatry in my family lines.

In Jesus' name, I take authority over all spirits of sexual sin, and I break their hold over my life.

In Jesus' name, I take authority over the spirit of idolatry, and I break its hold over my life. You will not keep me emotionally bound any longer, and I command you to leave me now.

I break all unholy soul ties in the Name of Jesus.

Thank you, Lord Jesus, that You fully accept me and love me unconditionally. I choose to put you first in my life, to place You above all others. I now present my body to You as a living sacrifice, and I ask that You fill me afresh with Your Holy Spirit.

SCRIPTURES

So God created man in His own image... male and female He created them. Then God blessed them, and God said to them, "Be fruitful and multiply, fill the earth and subdue it..."

Genesis 1:27-28

Good Soul Ties...
Spouse (Genesis 2:24)
Family (Genesis 44:30)
Friends (1 Samuel 18:1)
Leaders (2 Samuel 20:2)
God (Deuteronomy 10:20)

Destructive Soul Ties...
Genesis 34:1-3
Numbers 25:1-3
Joshua 23:12-13
Proverbs 6:32

Flee sexual immorality
1 Corinthians 6:18

CLEANSING STREAM UNIVERSITY

Equipping for Global Service

How would you like to be anywhere in the world with the ability to minister *healing* and *freedom* to someone who is broken or wounded?



4 Dynamic Modules with Topics Including:

Preparing for Ministry, Hearing God's Voice,
Prophetic Intercession, Strategic Intercession,

The Heart of a Servant, The Power of Forgiveness, The Name of Jesus

FOR MORE INFORMATION, VISIT:
WWW.CLEANSINGSTREAM.ORG/CSU
OR CALL 818.678.6888



cleansingstream

A small act can have a **BIG** impact.

Help us be the light
and spread freedom
to those that need it.

GIVE NOW



Text amount to

818-714-8182

Or go to:

www.cleansingstream.org/give

HOST A SEMINAR STUDY

#1 ORDER LEADER'S PACKAGE

With pastoral approval, order a Leader's Package at cleansingstream.org/start.
Package Includes: Workbook, E-book, online access to videos, quizzes, and Leader's Guide.



#2 BEGIN YOUR SEMINAR

Follow the Leader's Guide for step-by-step instruction.



#3 ATTEND ONE-DAY EVENT

Events are found at cleansingstream.org/events or call 818.678.6888 for more listings.



CLEANSING STREAM INTERNATIONAL



CS SEMINAR

Participate in a 6-8 week Seminar class in a local church, a home/small group, or personal study. You can find more information about locations from your home church or at www.cleansingstream.org/directory.



CS EVENT

At the Cleansing Stream Events we welcome the Lord through praise, worship, prayer and the declaration of the Word. Here the larger Body of Christ comes together to both minister and to receive ministry. Come be a part of the stream of deliverance and healing as the Lord touches His people. Find an Event location near you at: www.cleansingstream.org/events.



CS UNIVERSITY

Equipping for Global Service – The four modules of CSU are designed to prepare you by developing your knowledge of Kingdom principles along with practical hands-on ministry opportunities. This training will enable you to serve Jesus Christ wherever He sends you. For more information about CSU, visit: www.cleansingstream.org/csu.



SERVE GLOBALLY

Your training through Cleansing Stream qualifies you, under pastoral approval, to serve in your church and in other locations at Cleansing Stream Events nationally and internationally. If you're interested in serving, contact us at: info@cleansingstream.org.



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Please let us know how we can serve you!

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